Changing Room and Showering Facility Policy

West Worthing Club strives to ensure that all children are safeguarded from abuse and have an enjoyable sporting experience.

This document sets out our policy for the acceptable use of our changing rooms.

1. We offer separate male and female changing facilities and independent lavatories for males and females.

2. Given that the Club caters for members, visitors and competitors in the various sports we offer, it is not possible for the Club to segregate the times when children use the changing rooms from the times when adults use them. Accordingly, we ask that parents take responsibility for supervising their children or, if this is not possible, that children change and shower at home.

3. Children under the age of 13 must not be left unsupervised at the Club at any time.

4. Adult staff, coaches and volunteers are asked not to change or shower at the same time as when children are using the changing rooms but given the impracticality of controlling who goes into the changing rooms, this cannot be guaranteed.

5. We are a Club that welcomes diversity and supports LGBTQ+. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, or otherwise feels uncomfortable about using the changing facilities, we will work with them and their parents/carers (where it relates to a child) and seek to provide changing arrangements to suit their needs.

6. Mobile phones and other electronic devices must not be used in changing rooms.

7. Where we host groups of children for camps and coaching, we suggest that they come to the Club changed and ready to play. If a child under the age of 13 wishes to use the lavatory and their parent or carer is not available to take them, we will endeavour to ensure that a DBS checked member of staff or volunteer will direct them to the correct facilities and wait outside the lavatory, to allow children to call for assistance if required.